



Individual Subject Overview (P.E.) 2025-2026

Elsenham C. of E. Primary School P.E. Whole School Overview						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception						
Indoor	Gymnastics	Dance	Gymnastics	Dance	Gymnastics	Dance
Outdoor	Games- Listening Games & Multi skills	Games- Dribbling and controlling a ball	Games – Ruggerbugs	Games - Ruggerbugs	Games- Mini Olympics (& sports day prep)	Games- 3 Tees Cricket
Year 1						
Indoor	Multi skills	Dance (Studio)	Dance (Studio)	Gymnastics	Gymnastics	Multi Skills
Outdoor	Games – Ruggerbugs	Games - Ruggerbugs	Games - Football	Games - Tennis	Games-Athletics (& sports day prep)	Games- 3 Tees Cricket
Year 2						
Indoor	Multi skills	Dance	Dance	Gymnastics	Gymnastics	Multi Skills/ Running
Outdoor	Games- Football	Games- Throwing and catching	Games- Tennis	Games- Invasion Games	Games-Athletics (& sports day prep)	Games- 3 Tees Cricket
Year 3						
Indoor	Dodgeball	Sports Hall Athletics	Dance	Gymnastics	Dance	Gymnastics
Outdoor	Games – Cross-country / Sports hall athletics	Games - Football	Games – Hockey	Games – Tennis	Athletics and O.A.A (& sports day prep)	Games- Rapid Fire Cricket
Year 4						
Indoor	Dodgeball	Sports Hall Athletics	Swimming	Swimming	Gymnastics	Dance
Outdoor	Games – Cross-country	Games - Tag Rugby	Games – Tennis	Games – Netball	Athletics and O.A.A (& sports day prep)	Games - Rapid Fire Cricket
Year 5						
Indoor	Swimming	Swimming	Dance	(Sports Hall Athletics) Cross country	Gymnastics	Gymnastics
Outdoor	Games - Tag Rugby	Games - Football	Games – Hockey	Games – Tennis	Athletics and O.A.A (& sports day prep)	Games –Rounders
Year 6						
Indoor	Top up Swimming/Dodgeball	Top up Swimming/(Sports Hall Athletics) Cross country	Gymnastics	Gymnastics	Dance (Performance)	Dance (Performance)
Outdoor	Games – Tag rugby	Games - Football	Games – Netball	Games –Rounders	Athletics and O.A.A (& sports day prep)	Games – Dynamos Cricket
	Schemes of work used: A combination of Cambridge SoW and local teacher input founded on N.C. objectives					