

An aerial photograph of a golf course and clubhouse. The clubhouse is a large, multi-story building with a red roof, situated on a green lawn. A winding path or stream flows through the landscape, surrounded by lush green trees and grass. The overall scene is a serene and well-maintained golf course environment.

NORFOLK LAKES
OPENED 2016

Wednesday 12th
November –
Friday 14th
November 2025

COURSE BENEFITS FOR EVERY CHILD

Every child benefits enormously from the course, especially children who are not necessarily academic or sporty.

- Education outside the classroom
- Develop an inner confidence
- Personal achievement
- Develop self esteem
- Develop social skills
- Develop team building skills
- Experience new / exciting outdoor pursuits
- Learn respect for others

THE FOOD IS CHILD FRIENDLY, PLENTIFUL AND NUTRITIOUS

- Full cooked breakfast
- Substantial lunch
- Excellent cooked dinner
- Always plenty of choice
- Vegetarians, Vegans & special diets catered for

OUTDOOR PURSUITS PROGRAMME

- Leave school to arrive at 14.30
- Students shown to dormitories
- Fire drill
- 1st outdoor pursuit at 15.30
- Each outdoor pursuit lasts 1.5 hours
- 2nd outdoor pursuit at 19.00
- 5 outdoor pursuits per day
- Depart after lunch at 13.30





On Site Facilities at Norfolk Lakes

All Activities on site!

37 acres for water sports

-  Sailing
-  Kayaking
-  Canoeing
-  Paddle Boarding
-  Giant Paddle Boarding
-  Raft Building

Over 25 land based outdoor pursuits

-  Obstacle course
-  Archery range
-  Blind Trail
-  Crate Stacking
-  Climbing Wall
-  Caving

A photograph of a row of three red brick terraced houses. Each house has a brown tiled roof with a central chimney and a small dormer window. The ground floor features a central front door and two side windows, while the first floor has three large windows. Each house has its own entrance path with a set of stairs and a black metal railing. A blue rectangular box with the word 'ACCOMMODATION' in white capital letters is superimposed over the middle house.

ACCOMMODATION



ACCOMMODATION FEATURES

- Duty Instructor (24 hours)
- Schools stay together: eat, sleep and do outdoor pursuits
- Atmosphere like a mini Olympic village







A group of people, likely a martial arts team, are practicing in a courtyard. They are wearing red protective suits and helmets. The background is a brick building with arched windows and a door. The ground is paved with stone tiles. A blue banner with white text is overlaid on the image.

AWAY FROM SECURITY OF MUM AND DAD

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- **1. Building independence**
 - Pupils learn to take responsibility for themselves — packing their own bags, organising belongings, making decisions.
 - It's a safe environment to experience being away from home, which is a huge step before secondary school.
- **2. Strengthening resilience**
 - They face new challenges (e.g. climbing, paddle boarding, team activities) that push them out of their comfort zone.
 - Overcoming these challenges gives them confidence and pride in their achievements.
- **3. Developing social skills**
 - Children bond with classmates and teachers in a way that doesn't happen in the classroom.
 - Working as a team, supporting each other, and problem-solving together builds lasting friendships.
- **4. Enhancing learning beyond the classroom**
 - Activities develop problem-solving, collaboration, and perseverance.
 - Links to curriculum areas (like science, geography, PE) are real and hands-on.
- **5. Creating lifelong memories**
 - Residential are often one of the things children remember most about primary school.
 - Shared experiences help them feel part of a community.

OUTDOOR PURSUITS AVAILABLE

Archery
Bivouac Building
Canoeing Kayaking
Caving
Climbing
Lake Walk
Fencing
Film Studies / Video
Manor Olympics
Orienteering
Scavenger Hunt
Nature Trail

Stand Up Paddleboarding
Raft Building
Rifle Shooting
Volleyball
Wide Games
Giant Stand Up Paddleboarding
Nature Reserve Studies
Blind Trail
Camp Craft Skills
Compass Work

Initiative Exercises
Low Ropes
Obstacle Course
Quiz
Survival Skills
Team Games







Packing Essentials:

- Bedding: Please ensure your child brings a duvet or **sleeping bag** and a pillow (with a pillowcase).
- Towels & Toiletries: At least one towel along with all necessary toiletries.
- Clothing: On departure day, [upils can come in non-school uniform, but they should wear comfortable and appropriate clothing, ready to start activities as soon as we arrive.
- Packed Lunch: Your child will need a packed lunch for the day we travel, which we will eat just before leaving.
- Water Bottle: It's important that pupils bring a refillable water bottle.

To consider

- Weather-appropriate clothing: Please pack layers for varying weather conditions. A rain jacket will be needed.
- Layers – bring lots
- Sturdy, comfortable footwear suitable for outdoor activities, plus a spare pair in case of wet weather.
- Sun Protection: Sun hat and sunscreen, in case the weather forecast is warm....
- Labelled Items: Please ensure that all items are clearly labelled with your child's name.

Water activities (extra clothing to consider)

- **CANOE, KAYAK, RAFT BUILD, STANDUP PADDLE BOARDING & SAILING**
- (Depending on the time of year)
- Wear 1 or 2 layers of warm clothes for example:
- T-shirt, long sleeved top and jogging bottoms.
- Waterproof jacket and trousers.
- Wear old footwear, for example: trainers, pumps/gym shoes.
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- **DO NOT WEAR JEANS. DO NOT WEAR WELLINGTON BOOTS, CROCS OR FLIPFLOPS.**

Useful notes:

- No jewellery except stud earrings.
 - Please name EVERYTHING you bring with you.
 - Denim jeans are not ideal for outdoor use
 - Appropriate length shorts are mid-thigh down (not 'hot pants')
 - Hair tied back for all sessions
 - Books, playing cards and other quiet activities.
 - Wet suit (if you own one)
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- No electronics including mobile phones.

ACTIVITY SESSION DETAILS

Rough times

- 07.00 Rise and shine
- 07.15 - 09.00 Breakfast *
- **09.10 – 10.30** **Activity Session 1**
- 10.30 – 10.40 Break Time
- **10.40 – 12.00** **Activity Session 2**
- 12.00 – 13.30 Lunch Time*
- **13.30 – 15.00** **Activity Session 3**
- 15.00 – 15.15 Break Time
- **15.15 – 16.45** **Activity Session 4**
- 1700 - 18.30 Evening Meal*
- **18.30 – 20.00** **Activity Session 5**
- 21:00 Main Building Closed & Locked
- Bedtime Decided by your Teachers (ALL OUTSIDE AREAS QUIET AT 21:30)

No phones

1. Encouraging independence

- A big part of the trip is learning to be away from home and managing without parents for a few days.
- If children could text or call whenever they felt unsure, they wouldn't develop the confidence to solve small problems themselves.

2. Reducing homesickness

- Quick phone calls home often make children *more* upset, not less.
- Staff are trained to support pupils if they feel wobbly — and once they get stuck into activities, the homesickness usually passes quickly.

3. Safety and safeguarding

- Phones can get lost, damaged, or used inappropriately (taking photos of others, sharing online).
- Keeping the group “phone-free” ensures all pupils are safe and focused.

4. Building social bonds

- Without phones, children spend more time talking, playing, and bonding with each other.
- It helps strengthen friendships and teamwork.

5. Clear communication

- If there's ever an emergency, staff will contact parents straight away.
- Parents can also reach the group through the school if needed.

Specifics – reminder nearer the time

- **Arrival at School:** Please bring your child to school at the normal time. On this occasion, pupils can enter through the main gate by the school office (where Year 6 is dismissed). This will allow for a smoother farewell and make it easier to bring in luggage.
- **Packed Lunch:** Remember that a packed lunch should be brought and eaten at school before we depart.
- **Return Journey:** We anticipate arriving back at school around 3:30 PM on Friday. We will keep you updated if there are any changes to this time.