

NEWSLETTER



Friday 13th March 2026

Last weekend, FOES ran a crafting afternoon in preparation for Mothers Day which is this Sunday coming. It was a lovely afternoon filled with crafts, cake, and a fantastic community atmosphere.

It was particularly joyful to see so many new faces joining us this year. The hall was full of families enjoying the activities, and it really felt like a special celebration.

We were also grateful to have lots of hands on deck helping with the clean-up at the end, which made everything run smoothly. A special thank you as well to Mr Markham, who was fully stuck into the crafts with his daughter and helping throughout the event.

I'm pleased to say we raised just over £250, and the team and I are very pleased with how everything went.

On Friday we held the pre loved book sale which raised a further £70!

Thank you to everyone for your support.

Louise Judd, FOES Chair



The children are very much looking forward to tonight's **FOES discos!** Please remember that all children must be collected by an adult afterwards, even if they usually walk home at the end of the school day.

KEY EVENTS next week

- | | |
|-----------------------|--|
| Mon 16 th | Yr 4 Dress rehearsal in the afternoon to KS2 |
| | 6pm parents evening booking system goes live |
| Tues 17 th | Pupil summit for future leaders at the cathedral- identity and diversity—selected pupils |
| Wed 18 th | Yr. 4 performance 1.45pm & 6pm |
| Thurs 19th | Parent workshop—neurodiversity and sleep 9am at school |

round and about the classes



Master chefs in the making in Year 3!

The corridor was filled with delicious smells on Wednesday as Sycamore and Rowan put their cooking skills to work, baking their own seasonal vegetable tarts. As part of their DT unit, Year 3 explored seasonality and learned why some fruits and vegetables aren't available all year round.

The children designed their own tarts, and we were incredibly impressed by their adventurous flavour combinations and their enthusiasm for trying new ingredients. Staff were also very proud of how safely and carefully the children used the kitchen equipment.

A fantastic effort by our budding chefs!

Mrs Channing

SCIENCE WEEK 2026

This week, we have been celebrating Science Week and exploring different aspects of science that inspire curiosity and discovery!

Each year group was given a **big question** to investigate during their weekly science session. Pupils took part in a range of exciting hands-on activities; from **designing and building floating rafts** to experimenting with **static electricity** and seeing how it works.

It has been wonderful to see our students asking questions, testing ideas, and thinking like real scientists. A fantastic week full of exploration, creativity, and scientific fun!

Mrs Channing, Science Lead



On Monday, we welcomed Cheryl Sugarman into school to deliver a 'WOW' workshop for each year group. We were amazed by how colourful, exciting and even 'shocking' science can be! Cheryl brought a range of equipment with her, and we were able to watch some incredible displays of science in action.

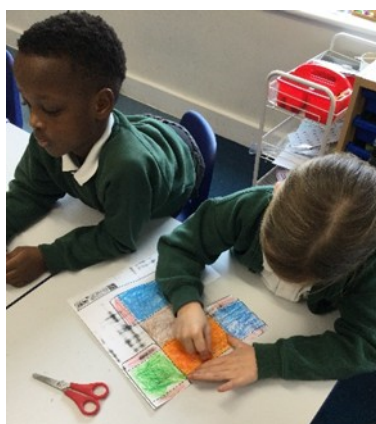
Thank you so much, Cheryl, for giving up your time to help spark our curiosity and enthusiasm for science!

As part of Science Week, Year 6 took part in a hands-on investigation exploring how birds build their nests. Pupils were challenged to experience the task from a bird's perspective by using straws or cocktail sticks to act as "beaks".

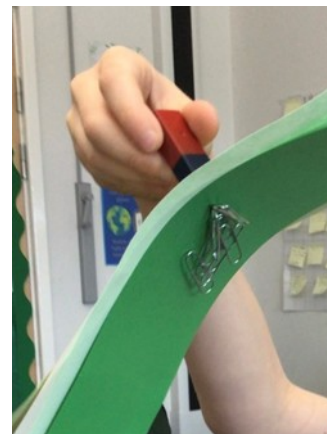
Working in teams, the children foraged for natural materials such as leaves, twigs and feathers. They then used these materials, along with some clay, to design and construct their own nests. The challenge required careful thinking, teamwork and perseverance as pupils discovered just how tricky it can be to build a stable nest using only a "beak". The year group worked incredibly hard and showed great creativity in their designs.



Year 1 created rafts in small groups and tried to make them better than Miss Verlander's paper one - they tried to use different materials to see if it would help them float for longer without absorbing all the water. They tried using materials they knew to be waterproof - wax from crayons, sellotape, tin foil and cling film. They even tried thicker cardboard but that was not very successful.



Year 3 explored magnetism during their Science Week activities. They investigated what affects magnetism, how it can be reduced or strengthened, and which objects around them were magnetic. They even discovered that magnetism works in water!



Celebrating success



STARS OF THE WEEK

Acorn	Jake
Cherry	Rowan
Beech	Matilda
Chestnut	Margot
Silver Birch	Tilly
Cedar	Toby
Sycamore	Cooper
Rowan	Erin
Elm	Acacia
Ash	Olivia-Rose
Willow	Alex
Pine	Grace
Maple	Louise
Oak	David

CONGRATULATIONS!

Mrs Carruthers and I were very proud of Piper, Florence, Primrose and Willow who represented our school at the Bishop's Stortford Pupil Voice Network conference yesterday, at the Bishop's Stortford College.

They met the MP for Hertford and Stortford as well as Bishop's Stortford's mayor. The girls enjoyed network ng with children from a number of local schools, gaining tips on public speaking, and learning about how they can be agents of change.

The girls presented on Inclusion, talking to a wonderful poster board created by Florence and now on display in school.

Oh and the buffet lunch was pretty good too!

Lily has become a word millionaire. Well done on your amazing achievement. Keep reading!



Florence and Evie took part in their Gymnastic Club Championships at Valdez and did very well!

Florence was awarded first place for her floor routine and second place on vault. Evie was awarded second place for her floor routine. Congratulations

News from the HUB

Why not come along to the next workshop?

Thursday 19th March 9am to 10.30am

Neurodiversity and sleep

Understanding sleep and the difficulties that families of ND children face.

Things we can do to ensure the best sleep environment and help support children to find falling and staying asleep easier



We were delighted that 23 people turned up to yesterday's coffee morning workshop on emotional regulation. Advice was shared on supporting neurodiverse children with emotional processing and anxiety and information shared on what is the prevalence of emotional problems in neurodivergent children and why it is that neurodivergent children struggle with their emotions? Ideas were offered on helping children manage their big feelings

DIARY DATES

MARCH	
Mon 16 th	Yr 4 Dress rehearsal to KS2 at 1.45pm
Tues 17 th	Pupil summit for future leaders at the cathedral- identity and diversity—selected pupils
Wed 18 th	Yr. 4 performance 1.45pm & 6pm
Thurs 19 th	Parent workshop—neurodiversity and sleep 9am at school
Wed 25 th	Parents evening – 3.30pm – 5.30pm
Thurs 26 th	Parents evening – 4.30pm – 7.30pm
Fri 27 th	End of term awards assembly / Church Easter service 9.30am Last day of term – finish at 1.30pm
Mon 30th March –Fri 11th April – EASTER HOLIDAYS	
APRIL	
Tues 21 st	Chestnut class Assembly—doors open 2.30pm for a 2.40pm start
Tues 28 th	Yr4 HFL Maths challenge Beech class Assembly—doors open 2.30pm for a 2.40pm start
MAY	
Mon 4th	BANK HOLIDAY—school closed
W/B 11 th May	Yr 6 SATs week
Sat 16 th May	FOES summer fayre
Mon 25th May – Fri 29th May – HALF TERM BREAK	
JUNE	
Wed 3 rd	Sports Day
W/C Mon 8 th	Phonics screening
Tues 9 th	Reserve sports day
Tues 9 th	Yr3 HFL Maths challenge 6pm Welcome talk to new Year R parents 2026/2027
Tues 16 th	Cedar class Assembly 2.30pm for 2.40pm
Weds 24 th	Silver birch class Assembly 2.30pm for 2.40pm
Thurs 25 th	Transition day for Yr. 6 into Yr. 7 at JFAN and SWCH
Tues 30 th	Acorn class Assembly 2.30pm for 2.40pm
JULY	
Wed 1 st	Open evening 4.30pm – 5.45pm
Fri 3 rd July	Relaxed dress rehearsal to KS1 of Yr. 6 play FOES frozen Friday
Tues 7 th	1.45pm Dress rehearsal to KS2
Wed 8 th	Yr. 6 performance 1.45pm & 6pm
Fri 10 th	FOES colour run
Tues 14 th July	Cherry class Assembly 2.30pm for 2.40pm
Thurs 16 th	HT awards assembly
Fri 17 th	Yr 6 Leavers Assembly
Fri 17 th	Last day of term—finish at 1.30pm

Please note that whilst we will do our best to keep to these dates, circumstances may require us to make a change

2026/2027 Term Dates	
Autumn Term:	Tuesday 1 September 2026 (NPD) – Friday 18 December 2026 <i>Half Term 26 October – 30 October</i> <i>Friday 4th December 2026 (NPD)</i>
Spring Term:	Monday 4 January 2027 (NPD) – Thursday 25 March 2027 <i>Half Term 15 February - 19 February</i>
Summer Term:	Monday 12 April 2027 – Wednesday 21 July 2027 <i>Half Term 31 May – 4 June, and May Bank Holiday - 3 May</i>

Butterfly Easter holiday club
Elsenham c.o.e school CM22
6DD

Easter HOLIDAY CLUB

Tues 31st March,
Weds 1st April, Thurs
2nd April, Tues 7th,
Weds 8th & Thurs 9th
April 2026.
8.30am - 4pm
£30 per day
ACTIVITIES INCLUDE
FUN COOKING
ARTS & CRAFTS
SPORT CHALLENGES
AND MANY MORE...
Must bring own
lunch, Light
snacks provided.

FOR BOYS & GIRLS
AGE 2 - 11

j_fleming1977@sky.com

SIGN UP NOW!

FOR INFORMATION
07850113477

What's on this MARCH at



All take place at Crafton Green, Chapel Hill, Stansted CM24 8AQ unless otherwise stated, are funded by TouchPoint and are free of charge with donations welcomed:

Regular TouchPoint events and activities:

MONDAYS

10am-12pm: Memory Lane Café (free dementia support group)
1:40pm-2:30pm: Chair Boogie seated exercise - Wimbish Primary School, Maple Lane, Tye Green, CB10 2XE
2:45-3:15pm: Community Foodshare - Wimbish Primary School, CB10 2XE
6:30-7:15pm: Women's Running & Fitness*
7:15pm-8pm: Women's Body Blitz*

TUESDAYS

9:15-10:15am: Yoga Mindfulness
12:15-1pm: Community Foodshare - Elsenham Memorial Hall, CM22 6BY
10-11am: Pilates - Pam's Place, Thaxted, CM6 2RL
11am-12pm: Chair-based Pilates - Pam's Place, Thaxted, CM6 2RL

WEDNESDAYS

12pm: Chair-based yoga (45 mins)
1pm: Chair Boogie seated exercise (40 mins)
5-5:30pm: Community Foodshare - Stansted (time subject to change, please check our website before heading out)
6:30-7:30pm: Women's 'Stronger You'* - Elsenham Village Hall, CM22 6DD
7-8pm: Yoga - Birchanger Primary School, Birchanger, CM23 5QL

THURSDAYS

9:15-10am: Chair-based exercise - Takeley Old School Community Hub, CM22 6OJ
10am-10:45am: Community Foodshare - Takeley Old School Community Hub, CM22 6OJ
10am-2:30pm: Community Café (inc. small Community Foodshare)
3-6pm: TouchPoint Teatime

FRIDAYS

8:30-10:30am: Free Breakfast Club
9:15-10am: Running Group Couch to 5K - Recreation Ground, Stansted, CM24 8BD
10-10:45am: Community Foodshare - Saffron Walden Baptist Church, CB11 3HD
10-11am: Friday Walking Group
10-12pm: Friday Social
1-2pm: Community Foodshare - Stansted

SATURDAYS

10-11am: Community Foodshare - Stansted

SUNDAYS

10:30-11:30am: Yoga Mindfulness
1pm-4pm: Sunday Afternoon at the Movies: **NOTE:**
1st and 15th March ONLY

***Women Only**

For more information, visit our website, www.thetouchpoint.org:



Also this month at Crafton Green House:

Bereavement Café, with St Clare Hospice:

- 10-11:30am, Wednesday 4th March
- 10-11:30am, Wednesday 18th March
- 7-8:30pm, Wednesday 25th March

Peabody Trust drop-in housing advice session:

- 11am-3pm, Thursday 12th March

Essex Police Advice session:

- 10am-12pm, Monday 9th March

MHST Support Sessions

MHST are offering free 1:1 support sessions.

If your child is displaying either challenging behaviour or anxious symptoms mostly at home and you would like to receive support please scan the code below.

**Scan here to
complete an
enquiry form...**



Possible anxious symptoms:

- Worrying or having negative thoughts
- Experiencing lots of fears
- Tearfulness
- Difficulty concentrating
- Becoming angry or irritable
- Clingy
- Feeling unwell; constant stomach ache, feeling sick

Possible symptoms of challenging behaviour:

- Having lots of angry outbursts or 'tantrums'
- Ignoring or refusing to follow requests
- Verbal aggression e.g. shouting, swearing
- Physical aggression e.g. hitting, biting
- Damaging things
- Excessive anger when not getting their own way